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Spiritual Hypnotherapy Scripts **The Art of Spiritual Hypnosis I'll Take Hypnosis with a Side of Mediumship: Meditation, Metaphysics & Self-hypnosis** **New Age Hypnosis Self Hypnosis for Cosmic Consciousness Hypnosis Or Meditation? Life Between Lives Hypnosis Healing and the Christian Inductions and Deepeners: Styles and Approaches for Effective Hypnosis Hypnosis For Healing Life Between Lives Principles of Spiritual Hypnosis Richard Nongard's Big Book of Hypnosis Scripts Principles of Spiritual Hypnosis Past Life Regression Wisdom Erases Karma Past Life Regression Mystical Self-hypnosis The Secret Codes of Hypnosis Practical Manual to Past Life Regression Doors to Past Lives & Future Lives Perceptual Hypnosis Experiencing Spiritual Hypnosis Deeper and Deeper Healing the Eternal Soul - Insights from Past Life and Spiritual Regression Hypnotic Spirituality Spirit Guide Contact Through Hypnosis You Were Born Again to Be Together Richard Nongard's Big Book of Hypnosis Scripts Binaural Beats Instant Self-Hypnosis Healing Scripts Tactical Spirituality The Other Side Hypnosis for Beginners Hypnotherapy Scripts The Soul's Coach The Hypnotic's Workbook for Personal and Spiritual Development Hypnotherapy: A Client-Centered Approach**

Hypnosis is a powerful tool for learning, healing, and growth. While in this natural state of focused awareness, openness, and receptivity, we are able to access inner resources of intelligence, creativity, and wisdom that make it easier for us to bring about lasting change. The good news is we can access this state any time we choose! In this concise handbook, hypnotherapist and former Tibetan Buddhist monk, Chris Lemig, explores some of the key elements essential to the process of deep emotional healing and transformational change. This roadmap for our journey to wellbeing includes An easy-to-learn self hypnosis technique Instructions for how to connect with the Higher Self and other inner guidance How hypnotic regression can help heal past traumas A powerful NLP strategy for rapid emotional change And more! In the modern-day world, it can often prove difficult to step back, relax, and re-center ourselves. Binaural beats are used by many to allow an individual's mind to release stress and enter a meditative state. There are a variety of binaural beats, but this composition includes an array of Delta Waves to allow for deep restorative sleep, true relaxation, and complete focus. For over 20 hours, our delta sound waves produce an array of gentle, pleasant, and very calming sensations. What are the benefits of Binaural Beats? increase focus and concentration reduce anxiety lower stress increase relaxation foster positive moods promote creativity help manage pain Don't hesitate and start listening now! Dr. Michael Likey teaches you the workings of the human brain in a way that both professionals and lay-people alike can understand. How the practices of self-hypnosis and meditation from a mystical perspective can help you to live an even more productive and quality life is also addressed. A self-taught Master Hypnotherapist, Dick Sutphen has forged his own path in art, design and hypnosis. His 23 metaphysical books, his thousands of seminars, hypnosis and meditative programs have changed millions of people's lives since the 1960s. For those who love him and those just finding out about this remarkable man, Dick has filled these pages with wisdom from his Master of Life writings, along with his personal pictures and stories from his youth. Many are not aware that before his amazing career in Hypnosis, he was a "Ad-Man," an Art Director working both with top Agencies and in his own company. Dick taught millions about Past-Life Regression in his 1976 best-selling book, "You Were Born Again to Be Together." In 1977, Dick was the first to offer Hypnosis on cassette tapes. By the 1980s, Dick was known throughout the world as having the most innovating seminars on Past-Life Regression and Psychic Development. Dick's voice was made for recording and by the 2000s he had created over 900 hypnosis and meditative programs sold in almost every country in the world. Dick and his wife, Roberta, began working together a decade ago, offering a unique session they call, Metaphysical Examination. Dick Sutphen is an Unconventional Hypnotist who has taught the world that WISDOM ERASES KARMA. A resource for those who assist others in achieving contact with the eternal part of themselves. What happens when you combine law enforcement techniques, hypnosis and metaphysical principles? Tactical Spirituality. It may seem a stark incongruity, this marriage of police tactics, hypnosis, and spiritual principles. But, as you explore TS, you will find a coherent system to help you turn stress scenarios into success scenarios. Central to the Tactical Spirituality approach are the SWAT for the Soul tools and Self-Hypnosis. With the TS, you can be prepared for any situation and meet the comprehensive goal of: Remaining conscious and present; remaining calm; managing stress scenarios successfully; maintaining a personal peace anchored in confident self-knowing of the real you. ABOUT THE AUTHORS: Chelley Seibert, a retired Police Officer, was named Dayton's Officer of the Year in 2011, and was also the first female officer in Dayton to be awarded the Top Firearms Award. She has presented locally and nationally in universities, academies, and at the International Law Enforcement Educators Trainers Association (ILEETA). View Chelley's powerful TEDxDayton talk, "Behind the Badge", on YouTube. She is also a touring singer-songwriter, percussionist, and recording artist. Kim-Char Meredith is a speaker and author of "Let Go of Your S#!t!," a guide to releasing thoughts and feelings that do not serve you anymore. Recognizing that changing the subconscious mind is critical to changing one's behaviors, she has served countless clients as a Certified Hypnotherapist in Illinois and through group hypnosis workshops nationally. Additionally, Kim-Char is Music/Creative Director at Unity in Naperville, where she has joyfully served for the past 12 years. As a singer-songwriter, she has released 17 albums over the past 34 years. Kim-Char is producer and co-host of the "Old Books New Thought" Podcast. Dr. Michael Newton is world-famous for his spiritual regression techniques that take hypnotic subjects back to their time in the spirit world. His two best-selling books of client case studies, Journey of Souls and Destiny of Souls, have left thousands of readers eager to discover their own afterlife adventures, their soul companions and guides, and their purpose in this lifetime. Now, for the first time in print, Dr. Newton reveals his step-by-step methods. His experiential approach to the spiritual realms sheds light on the age-old questions of who we are, where we came from, and why we are here. This groundbreaking guidebook, designed for both hypnosis professionals and the general public, completes the afterlife trilogy by Dr. Newton. The quest for self-knowledge and awareness has gained increasing popularity over the past several decades, with an explosion of beliefs and methodologies. Central to these practices is the exploration of past lives. From the curious layperson to the traditional doctor of medicine, people are employing various techniques in an effort to facilitate this experience. Certified hypnotherapy instructor Mary Lee LaBay has written Past Life Regression: A Guide for Practitioners as a comprehensive text for beginning as well as veteran therapists. Ms. LaBay covers both basic and advanced techniques in a philosophical context, to help practitioners generate maximum healing and change during the past life session. Through case studies and concise instructions, the author demonstrates practical and elegant uses of these techniques that allow the client to discover life purpose, aspects of their relationships, roots of disease, addiction, and phobias, as well as a wide range of other life issues. Hypnosis is a controversial practice with many myths about its power and dangers. 'Hypnosis, Healing and the Christian' cuts through the confusion to present a balanced defense of the use of hypnosis by Christians, arguing that it is a powerful tool in bringing about psychological change. John Court avoids minimizing the dangers of this powerful phenomenon, as he discusses examples of clinical hypnosis by Christians who have found emotional and spiritual benefits from its use. Setting ethical concerns about the use of hypnosis firmly within a framework of the biblical material, he argues that hypnosis is a morally neutral technique which may be used for good or ill. Its use by pagan and other religions should not prevent its constructive and godly use by Christians. This stimulating book will be of interest not only to those involved in counseling and healing ministries but also to Christians interested in broader understanding of how our human minds work. Nothing is ever coincidental. Everything happens for a reason. "Reason is around and within each one of us." Learn to create the reason within. George Spirc Fraxon This book is a work on the discovery of the Energy of Life. It has been forty years old, and it reveals to you the potentials of spiritual energy that has not been known so far. By identifying the power, you will be able to put all your potentials at the maximum and put into the function of the present moment and a healthy and effective functioning! Getting a chance for big changes, go to your eternity! Let's be the creator of our future . . . GSF This book will teach you how to do past life regression like a professional hypnotist. In this short and easy to understand guide, you will learn: - What past life regression is and the benefits of it - How to regress yourself and others one-on-one or in a group setting - How to heal your present by healing your past - How to recognize the meaning behind the symptoms - How to earn money by doing past life regression and promote your services - How to recognize and untangle karmic relationships - How to connect with your soul family members and call in a soulmate - Energetic cleansing and protection - Energetic cord cutting Scripts included: two variations of past life regression; grounding; protection; connecting with your soul family; meet your soulmate; general healing. "Inductions and Deepeners: Styles and Approaches for Effective Hypnosis" by Richard K. Nongard provides both the new and experienced hypnotist with a reference book of actual hypnotic session scripts in a variety of styles, for work with both adults and children. These hypnosis scripts - from creative adaptations of Milton Erickson's Levitation, Dave Elman's Count with Amnesia, and Zarren's Marble induction approaches, to Nongard's own unique "Eyes-Open Backwards Hypnosis" "superconscious" strategy - offer useful demonstrations and detailed explanations for real success. Learn to combine approaches for enhanced trance depth; understand hypnotic language patterns; increase your confidence and abilities; zoom past the Critical Factor into the Subconscious with Rapid Touch inductions; and experience suggestion compliance with even the most fidgety child. Foreword by Michael Johns. HypnosisGurus.com and LearnClinicalHypnosis.com. Spiritual Hypnotherapy Scripts provides access to the quantum field of consciousness, the spiritual realm from which all healing flows. Learn how spiritual hypnotherapy and working directly with the client's higher Self can deepen and expand the healing process. Dr. Holmes-Meredith presents her approach to teaching and working with hypnotherapy with ten Taoist precepts taught through the ancient Taoist text the Tao Te Ching. Also included are interviews with six of her hypnotherapy graduates who share how working with a spiritual approach to hypnotherapy not only supports profound transformation in their clients, but also supports their own on-going healing and evolution of consciousness. These hypnotherapy scripts include empowering and open-ended language patterns and transformational approaches for presenting issues related to the body, mind and spirit. Unlike most published hypnosis scripts, these hypnotherapy scripts use therapeutic processes that allow the hypnotherapist and client to personalize the trance experience by following the client in an interactive way. The client will engage in a direct relationship with his higher Self as an inner resource and guide throughout the trance experience. The fifty-two hypnotherapy scripts and a script for teaching the Emotional Freedom Technique (EFT) are proven approaches Dr. Holmes-Meredith teaches hypnotherapists at HCH Institute and uses in her private practice. Spiritual principles are usually easy to understand intellectually but hard to apply consistently to our lives. This book is a practical guide teaching how hypnotherapy techniques can be used to accept spiritual practices at the subconscious level, thereby facilitating your spiritual growth. This book is based on the teachings of A Course in Miracles but the techniques can easily be adapted to other spiritual approaches. A Complete Guidebook on Past Life Regression Hypnotherapy. Past Life Regression can be recreational for some people, a way to satisfy their curiosity. For others this modality has tremendous therapeutic value. Mental, emotional, spiritual and even physical healing can take place in a past life regression session. This book introduces many techniques, and covers them in detail, for how to conduct an effective Past Life Regression session. Kemila shares a lot of her case work as examples. This book is suitable for hypnosis professionals and interested members of the general public. It is full of scripts and reveals detailed step-by-step methods. Have you ever wondered where you go when you die? Have you ever lost someone and never had a chance to, say goodbye, apologize, let them know that you love them? Do you wonder if your loved ones can still see and hear you? Did you choose your life and path? Are you on your correct path? Throughout this book Geozuwa presents an abundance of evidence from amazing personal and professional experiences of the existence of life after death. You will discover how you can easily and effortlessly visit loved ones and your Spirit Guides on the Other Side now! Discover your path, your purpose, and how amazing you truly are! After reading this book you will be aware that it is possible to receive all of the knowledge and wisdom of the entire Universe, and to gain extraordinary, and powerful abilities now! This book is an invitation for you to experience, firsthand, the Pure Love, joy, healing, and perfection of the Other Side and know, with absolute certainty, that you are an infinite being and your Soul is eternal! In this fascinating piece of academia, Dr. Likey discusses the differences between hypnosis and meditation, and their potential therapeutic benefits. Teaches readers how to use self-hypnosis to discover past lives, contact departed loved ones, meet guardian angels, and increase self-confidence Discover the classic guide to past-life regression that reveals how soulmates are reunited across the ages, from renowned psychic researcher Dick Sutphen. "There is absolutely no doubt in my mind that romantic partners, together in this lifetime, have been together before . . ." After being hypnotized and shown his own past lives, Dick Sutphen went on to become a practitioner of hypnosis and past-life regressions. Over the years, he worked with many people and discovered the importance of karma: that we have lessons to learn, and if we do not do so in one lifetime, we will encounter them in another lifetime. Other people are instrumental in our learning these karmic lessons, and we can be tied to certain individuals in life after life. In this book, Sutphen shares regressions with several clients and includes transcripts of their sessions. In hearing their stories, we discover what these people came to understand about the challenges in their present lives after they looked to the past. Originally written in 1976, You Were Born Again to Be Together remains a useful primer in shining a light on metaphysics and the amazing power of the human spirit. Discover the classic guide to past-life regression that reveals how souls are reunited across the ages. Explores various clinical techniques used to help patients overcome fear, chronic pain, and

addiction. The founder of the Society of Spiritual Regression provides a guide for hypnotherapists and the general public to access the spiritual world. A modern script book, with scripts based on Contextual Psychology, giving you tools for manifesting real change. These scripts are designed to draw on multiple tools such as NLP (Neuro-Linguistic Programming), ACT Therapy, Mindfulness Meditation, Direct Suggestion, Indirect suggestion and integration of hypnotic phenomena with contextual psychology. There are scripts for medical hypnosis applications, scripts for habit and lifestyle issues, and scripts to meet your client's metaphysical needs or needs for self-improvement. There are also scripts for Guided Mindfulness Meditation sessions. This incredible eBook contains 65 complete hypnosis scripts for professional hypnotherapy, including:- Multiple Scripts for Medical Hypnotherapy- Multiple Scripts for Smoking Cessation- Multiple Weight Loss Scripts- Unusual Scripts: Fear of Dying in the Sleep, Perfect Poker and The Stress of Financial Crisis- Scripts for Manifesting Hypnotic Phenomena- Scripts for Pregnancy, Insomnia, Pain Control, Confidence, Anxiety, Test Taking Performance and Many Other Useful Hypnotherapy Scripts. Hypnosis is a proven technique that allows people to reprogram their subconscious to change unwanted behaviors. Most books on self-hypnosis require the reader to memorize or record scripts, then put the book aside while they do their hypnosis work. But Instant Self-Hypnosis is the only self-hypnosis book that allows you to hypnotize yourself as you read, with your eyes wide open, without putting down the book. The author's fail-proof method allows you to put yourself into a hypnotic state and then use that state to improve your life in myriad ways. And because the hypnotic state is induced while you read, you remain aware of your surroundings and can bring yourself back to normal consciousness slowly and gently, using the instructions provided. Hypnotherapy Scripts, 2nd Edition is a straightforward, practical guide for doing Ericksonian hypnotherapy. This book not only explains the rationale for every step in the hypnotherapeutic process, it also contains sample scripts for each step. This edition of Hypnotherapy Scripts guides professionals through the construction of their own hypnotherapy induction and suggestion scripts. Verbatim sample transcripts of various induction and therapeutic suggestion procedures with detailed guidelines for creating one's own hypnotherapeutic inductions and metaphors are included. Recent research and writings on the role of unconscious processes, wellness, and positive psychology have been added to this edition. Also included is a detailed review of the diagnostic trance process, a therapeutic procedure unique to this text. This is not just another book about hypnosis! Noted clinical psychologist Dr. Fredrick Woodard instructs you in the five principles of perceptual hypnosis, a method and tool that explores spirituality and psycho-hypnotherapy by aiding you in altering your everyday experiences through a change of awareness. Learn to adjust and expand your personal world and increase perceptions readily available to you. Change how you see yourself in the universe and improve your ability to maintain and maximize your spiritual growth. Explore the aspects of the universe that were previously invisible, and identify and reduce unfounded threats unhampered by fear. Is something missing in your life? Are there different realities that you cannot see? Through perceptual hypnosis you can overcome limitations, change your destiny, and be in control of your own mind in a way never before experienced. Includes a CD that provides important self-help exercises to accomplish your goals. Havens explores the hypnotic pathways that can lead to an alternate experiential world. This world of inner peace and happiness can be created by even a momentary immersion in the unknown potentials that lie just beneath the surface of everyone's conscious awareness. It is a world that soothes the soul, brings contentment, and heals wounded spirits. Contacting spirit guides is as old as civilization itself. Shamans dating back to at least 50,000 B.C. ritually contacted nonphysical entities. The Mystery Schools of Ancient Egypt, Greece, Persia, Rome, and India also dealt with contacting spirit guides. Every major religion acknowledges the reality of discarnate entities or spirits, whether they are called saints, angels, the Holy Spirit, and so on. One of the purposes of this book is to demystify this process. The media's depiction of spirit contact has led to the false assumption that anyone who establishes this contact must be in great danger. In reality, this communication is natural, relatively simple, and a wonderful growth experience. Spirit communication removes the fear of death and bereavement, and results in a form of spiritual empowerment. Contacting your spirit guides can help us: Develop your intuition and other psychic abilities. Increase your ability to love yourself and others. Become more aware of the workings of the universe. Establish better contact with your own Masters and Guides and Higher Self to facilitate your own spiritual evolution. Protect you from negative entities and/or other forces in the universe. Access the wisdom of the ancients. Establish and maintain your own physical, mental, emotional, and spiritual health. Overcome bad habits and fears. Eliminate the fear of death. See into the future. Master the art of out-of-body experiences. Learn your true karmic purpose. Spirit Guide Contact Through Hypnosis includes free audio companion downloads. People of all faiths pray, seeking answers from a Higher Power. Whether or not you pray often, seldom, or never, have you ever wondered what it would feel like to receive an immediate response from a prayer? What if hypnosis and meditation were keys to making this possibility become reality? This book includes the spiritual sessions of scores of people from around the world, documented by some of the leading hypnosis practitioners from countries in both hemispheres. Perhaps this may sound somewhat far-fetched. Perhaps it may sound like fantasy. Whatever your opinions, please do yourself a favor and read this book with an open mind. Open yourself up to the possibilities of Spiritual Hypnosis: Accessing Divine Wisdom. Healing Scripts focuses on the use of hypnotherapy to help trauma victims recover as well as helping individuals who are suffering from acute stress disorders. The field of trauma and stress treatment is constantly searching for new ideas and solutions and the hypnotic interventions detailed in this volume are designed to treat the source of the pain and the anguish of trauma so that clients with long term problems can finally be offered some relief. You have the ability to access the collective wisdom of all your past life experiences. By tapping into this immense storehouse of knowledge through self-hypnosis, you will gain direction, mastery over your fears, a greater sense of self-worth—and the power to take charge of your life. Dr. Joe H. Slate and Carl Llewellyn Weschcke put a unique do-it-yourself spin on hypnosis, teaching you step by step how to conduct your own past-life regression using powerful, scientifically tested methods, such as astral projection and spirit interactions. Fascinating true accounts from Dr. Slate and his subjects highlight the effectiveness of these empowering techniques. —Explore your past and future lives —Delve into life between lifetimes —See how many past lives you have lived —Communicate with departed loved ones —Meet your spirit guides —Discover new spiritual dimensions Once you begin to retrieve your past life experiences, you can apply the lessons learned toward present-day healing, spiritual growth, and enlightenment for the continued evolution of your soul. Complete Instruction Course in Stage hypnosis covering everything from setting up the venue to turning the lights out as you leave. The techniques necessary for volunteer selection, rapid inductions, deepenings and entertainment routines are all dealt with clearly and concisely, and Jon includes his 'Super Suggestion' which every therapist should have in their armoury. Are you a Hypnotic? Are you following the spiritual path of the hypnotist? Are you training a new aspirant? If so, this is the ultimate workbook for training yourself and others in the Hypnotism Religion. This workbook is packed full of 100 hypnotic activities that will keep you busy, or your trainee busy for...well...ever! You'll never have to overthink hypnosis training ever again! You'll never have to wonder what to make your trainee do! This is the ultimate workbook for any hypnotic following the spiritual path of hypnotism. If you are a hypnotic counsellor (hypnotic counselor) you'll definitely want this workbook in your library, because this will alleviate what to do with your coaching hours, giving you activities you can pick and choose from for your hypnotic clients. Grab This Workbook Now! Have you ever wondered how professional Mediums come to have faith in their psychic and mediumistic abilities? Join Garry Gewant - NJ medium, hypnotist and educator - on his spiritual evolution. From his childhood encounter with a ghostly apparition at age five, through denial and eventual validation of his psychic abilities, Garrys humor and easygoing storytelling will keep you spellbound as he describes his metaphysical exploration. Share his life-changing synchronicities and experiences at various metaphysical retreats with authors and mentors Dr. Brian Weiss, James Van Praagh, and John Holland, among others. Garrys unique voice brings you into the room as he uses hypnosis to help clients overcome smoking, fears, and detrimental behavior. Be there in his dentists chair as Garry undergoes a root canal using self-hypnosis instead of Novocain! Eventually, Garry recognizes that his clients loved ones in spirit are enhancing his hypnosis sessions, with profound results. When he recognizes and accepts the synchronicities in his life, he gains the resolve to pursue his abilities as a psychic, medium, and past life regressionist. And in so doing, Garry forms a stronger connection with the spirit realm that leads him - and YOU, the reader - on a unique spiritual journey. A modern script book, with scripts based on Contextual Psychology, giving you tools for manifesting real change. These scripts are designed to draw on multiple tools such as NLP (Neuro-Linguistic Programming), ACT Therapy, Mindfulness Meditation, Direct Suggestion, Indirect suggestion and integration of hypnotic phenomena with contextual psychology. There are scripts for medical hypnosis applications, scripts for habit and lifestyle issues, and scripts to meet your clients metaphysical needs or needs for self-improvement. There are also scripts for Guided Mindfulness Meditation sessions. This incredible book contains 65 complete hypnosis scripts for professional hypnotherapy. Do you ever wonder why you keep choosing the wrong partner or attract the wrong person into your life? Do you have trouble getting over a breakup? Do you experience commitment issues? Are you afraid that someone you love will leave you? Would you like to improve the relationship you are now in? What mind-set or behavior is getting in your way of finding your life-long partner? This latest book from Dr. Michael Likey covers not only the topic of Mystical Self-Hypnosis, but also helps you to choose between the modalities (as a patient, or therapist) of Meditation or Self-Hypnosis. (discussing the differences as well as similarities) As well, a base of Theocentric Psychology/Spiritual Mind-Science is provided, as well as a primer on the workings of the human brain from a spiritual perspective, differences between western and eastern psychotherapy, as well as the latest spiritual technologies and tools to help you work through issues as outlined in Dr. Likey's anonymous clients' case-histories. Introduces the concept of hypnosis, describes exercises designed to teach basic techniques, and discusses regression and self-regression The outstanding feedback from THE ART OF SPIRITUAL HYPNOSIS: ACCESSING DIVINE WISDOM inspired Book Two of the spiritual hypnosis series...containing over 20 amazing case summaries contributed by veteran hypnotherapists. Read about life-changing sessions, resulting in emotional healings and physical healings. Some of these true stories have literally been called Miracles of the Mind by more than one hypnosis professional. Did God really participate in some of these sessions? Many people believe so. What are some of the other possible explanations for some of these amazing true stories?

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